



200

DELICIOUS

KALE

RECIPES

JOHN C. DVORAK

You won't
BELIEVE
these 200 easy,
delicious, recipes
containing
one simple
ingredient!

200
DELICIOUS
KALE
RECIPES

John C. Dvorak

About the Cover

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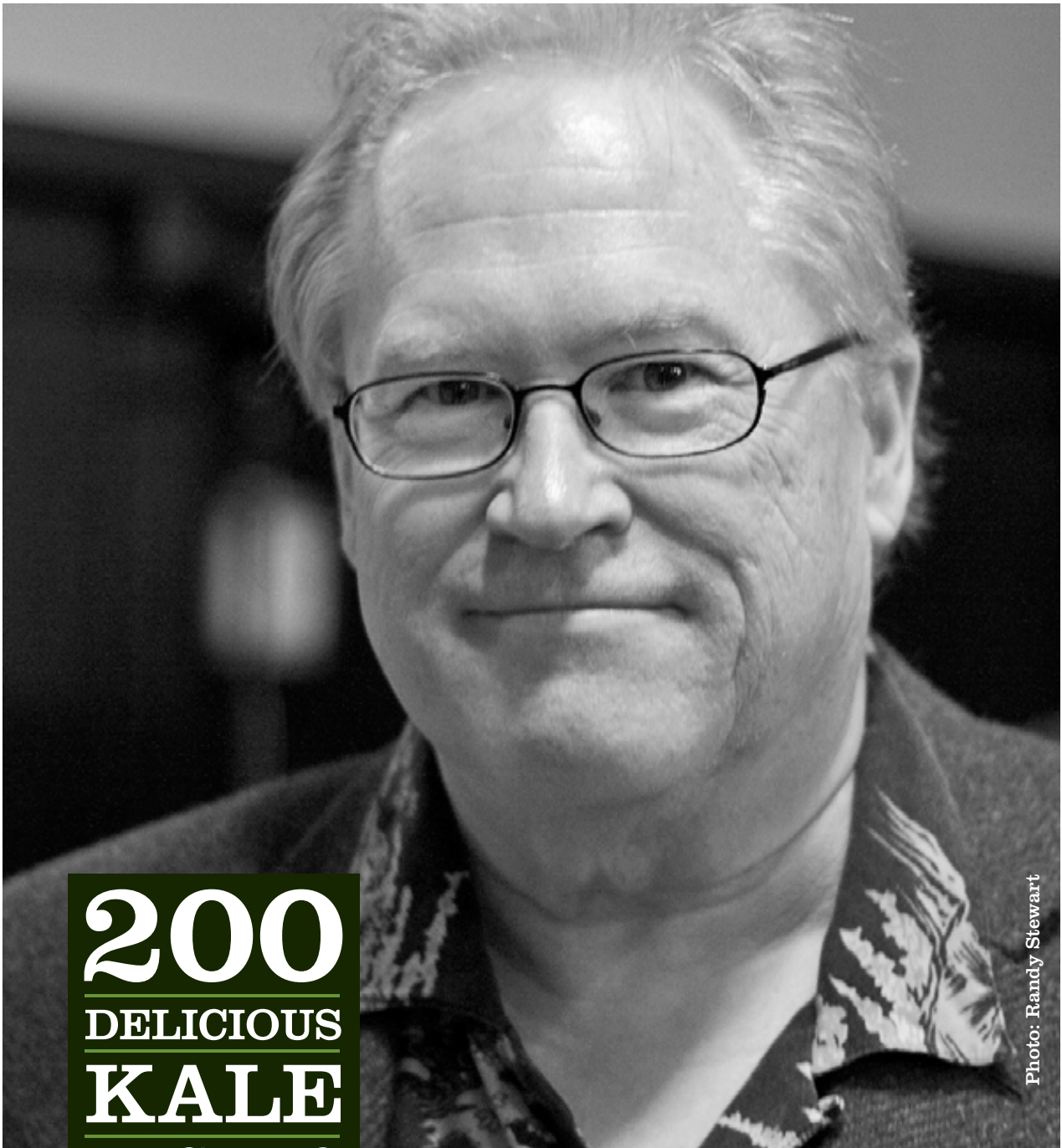


Photo: Randy Stewart

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John C. Dvorak is an American columnist and broadcaster. His writing extends back to the 1980s, when he was a mainstay of a variety of magazines. He is currently a co-host of The No Agenda Show.

Dvorak is a skilled BBQ and grilling enthusiast, noted collector of Bordeaux wines and has been a tasting judge at various international events.